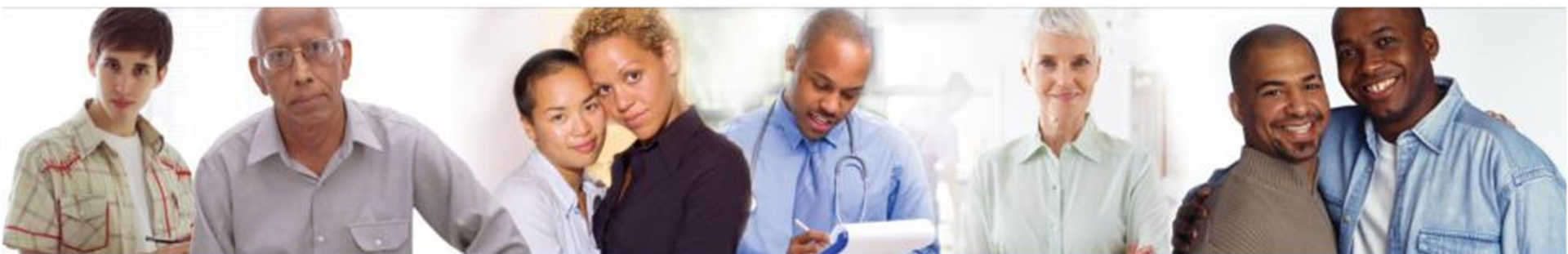




NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



Navigating Gender Affirming Care

.....

Ruben Hopwood, MDiv, PhD

Coordinator, Transgender Health Program, Fenway Health

Visiting Researcher, The Danielsen Institute at Boston University

And

Steph DeNormand

Patient Advocate, Transgender Health Program, Fenway Health

Our Roots

Fenway Health

- Independent 501(c)(3) FQHC
- Founded 1971
- Mission: To enhance the wellbeing of the LGBT community as well as people in our neighborhoods and beyond through access to the highest quality health care, education, research and advocacy
- Integrated Primary Care Model, including HIV services

The Fenway Institute

- Research, Education, Policy



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



NATIONAL LGBT HEALTH EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

 617.927.6354

 lgbthealtheducation@fenwayhealth.org

 www.lgbthealtheducation.org

Technical Questions?

- Please call WebEx Technical Support:
 - 1-866-229-3239
- You can also contact the webinar host, using the Q&A panel in the right hand part of your screen. To see the panel, you may need to expand the panel by clicking on the small triangle next to “Q&A”
- Alternatively, e-mail us at lgbthealtheducation@fenwayhealth.org



Sound Issues?

- Check if your computer speakers are muted
- If you can not listen through your computer speakers:
 - Click on the “Event Info” tab at the top of the screen
 - Pick up your telephone, and dial the phone number and access code.



When the Webinar Concludes

- When the webinar concludes, close the browser, and an evaluation will automatically open for you to complete
- We very much appreciate receiving feedback from all participants
- Completing the evaluation is required in order to obtain a CME/CEU certificate

CME/CEU Information

This activity has been reviewed and is acceptable for up to 1.0 Prescribed credits by the American Academy of Family Physicians. Participants should claim only the credit commensurate with the extent of their participation in this activity.

Physicians	AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.
Nurse Practitioners, Physician Assistants, Nurses, Medical Assistants	AAFP Prescribed credit is accepted by the following organizations. Please contact them directly about how participants should report the credit they earned. <ul style="list-style-type: none">• American Academy of Physician Assistants (AAPA)• National Commission on Certification of Physician Assistants (NCCPA)• American Nurses Credentialing Center (ANCC)• American Association of Nurse Practitioners (AANP)• American Academy of Nurse Practitioners Certification Program (AANPCP)• American Association of Medical Assistants (AAMA)
Other Health Professionals	Confirm equivalency of credits with relevant licensing body.



Webinar Slides

- You can download today's slides from the webinar section of our website
- They will also be available on the evaluation page that appears when you close your browser at the end of the webinar
- Within the next week, today's presentation will be archived and available for free CME credit in the "webinars on demand" section of our website

Today's Faculty

Ruben Hopwood, MDiv, PhD (Pronouns: *he, him, his*)
Coordinator, Transgender Health Program, Fenway

Steph deNormand (Pronouns: *they, them, theirs*)
Patient Advocate, Transgender Health Program, Fenway

Today's Learning Objectives

1. Participants will be able to name two non-medical and three medical options for affirming one's gender.
2. Participants will be able to outline the criteria necessary for referral to gender confirmation surgeries.
3. Participants will be able to locate up to date information on health insurance coverage and laws on gender diversity nationally.



Disclosure

Neither faculty has financial conflicts of interest.

Overview

- Gender Affirming Care Options
- Finding Care Providers
- Criteria for Hormone Therapy
- Criteria for Surgeries
- Hair
- Health Care Costs – Insurance



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



Options

- Non-Medical
- Medical
 - Hormones
 - Surgeries
- Semi-Medical
 - Voice Therapy
 - Hair (on/off)

Non-Medical

- Self-Expression
 - Clothing
 - Shoes
 - Body Shape Wear
 - Grooming
 - Name used/changed
 - Pronouns
 - Documents



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



Medical

- Hormone Therapies
- Masculinizing Surgeries
- Feminizing Surgeries
- Hair Removal/Transplants
- Voice Therapies
- Underground “Clinics”

Finding Health Care Providers



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



Criteria for Hormone Therapy

- F64.__ Dx (0,2,8,9) **≠1**
- Ability to Consent
- Legal Authority to Consent
- Reasonable Stability



Care Models

Harm

Reduction

Informed

Consent

Treatment

Based



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



Hormones

- Preferred vs. Recommended
- Formulary vs. Recommended
- Cost vs. Recommended
- Access vs. Recommended
- Vs. Community Tx Advice



Masculinizing*

- Testosterone
 - Injections
 - Patches
 - Gels
 - Implanted Pellets
- Puberty Suppression

*Non-binary people may need treatment that is customized or short-term to meet their goals

- Estrogen
 - Injections
 - Pills
 - Patches
- Androgen Blockers
- SERMs*
- Progestogens
- Puberty Suppression

Feminizing*

*Non-binary people may need treatment that is customized or short-term to meet their goals



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



- Affirming
- Competence
- Access
- Culture of Care
- Bridging

Moving Care



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE



- F64.__ (0,8,9)
- Able & Age to Consent
- Stable
- GAHT
- Assessment & Referral

Criteria for Surgeries

“Top” Surgeries

- Chest Reconstruction
- Breast Augmentation
- Other procedures



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

“Bottom”/ “Lower” Surgeries



Feminizing

- Orchiectomy
- Vaginoplasty
- Labiaplasty

Masculinizing

- TAH-BSO
- Vaginectomy
- Metoidioplasty
- Phalloplasty
- Scrotoplasty



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

Finding Surgeons

- Insurance Referrals
- Conferences
- ListServes Online
- Care Provider Referrals



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

A close-up photograph of a tarantula spider, focusing on its hairy body and legs. The spider is positioned on a bright yellow, textured surface. Its body is dark, almost black, and covered in numerous long, fine, white hairs that radiate outwards. The legs are also covered in similar hairs. The background is dark and out of focus.

Hair

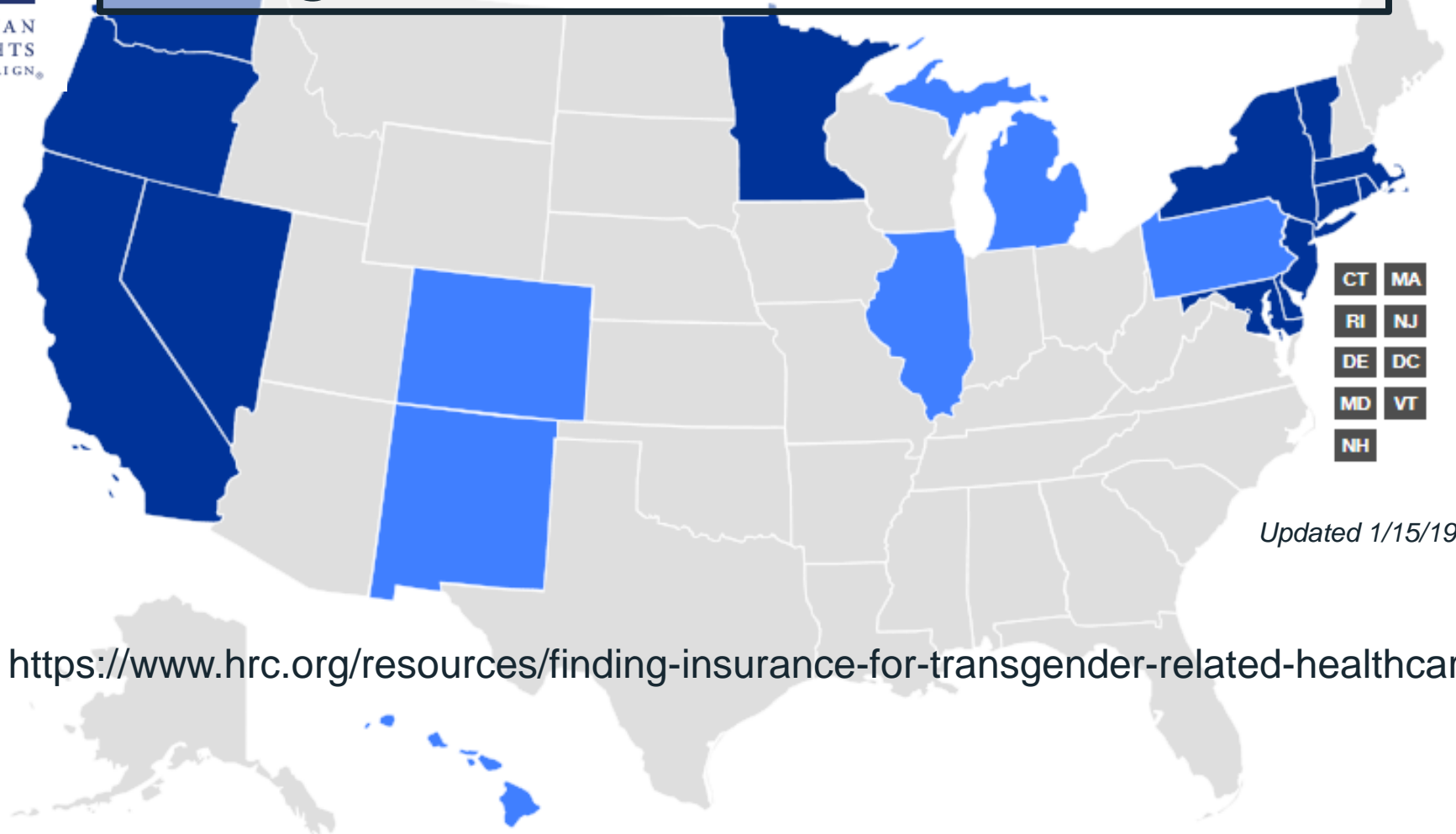


Health Care Costs - Insurance



HUMAN
RIGHTS
CAMPAIGN®

Transgender Health Care in the USA



<https://www.hrc.org/resources/finding-insurance-for-transgender-related-healthcare>

- Bans insurance exclusions for transgender health care (6)
- Bans insurance exclusions and provides transgender-inclusive health benefits for state employees (13 + DC)



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

A photograph of a wooden door with a sign. The sign is rectangular and has the text "PRIVATE CLUB" in large, bold, capital letters. Below it, in smaller capital letters, is "MEMBERS AND INVITED GUESTS ONLY". At the bottom of the sign, in a smaller, italicized font, is "TRESPASSERS WILL BE PROSECUTED". The door is made of vertical wooden planks.

PRIVATE CLUB

MEMBERS AND INVITED GUESTS ONLY

TRESPASSERS WILL BE PROSECUTED

- Policy Variations
- Types of Insurance
- Included Services

Ex/Inclusion



**Medicare &
Medicaid**



THE SOCIETY OF AMERICAN MAGICIANS, Incorporated HOSPITAL BENEFIT

If a MEMBER in GOOD STANDING is compelled to undergo hospital treatment as a result of accident or disease, (other than venereal, or chronic and incurable) he shall notify the Secretary of the Parent Assembly in New York City; whereupon the society will pay any hospital for a period not exceeding five (5) weeks within one year, a total sum not to exceed thirty-five (35) dollars for such treatment. If any member is obliged to pay in advance for such hospital treatment, he may, by presenting the receipted bill, reclaim one (1) dollar for each day not exceeding thirty-five (35) days within one year, provided such payment has not been made direct to the hospital by the society. This card must bear the signature of the member and all vouchers for payment must be signed by the member and by the hospital physician in the presence of each other. Payments for treatment will be allowed from the date of the postmark on the envelope or card addressed to the Secretary at the New York Headquarters.

What is Covered?

- Asking the best questions
- Challenging the Denials



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

Sex Marker & Coverage

- Sex on Insurance
- Care for Organs Present
- Exclusions
- Disclosure & Denials



NATIONAL LGBT HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

THANKS

Image & Photo Credits by Slide

12. “navigation (cc)” 2011 Photo: Martin Fisch
www.flickr.com/photos/marfis75/
13. Unnamed roadway 2016 Public Domain Photo: MabelAmber®
www.flickr.com/photos/mabelia/
14. “Options” 2014 Photo: Travis Wise
www.flickr.com/photos/photographingtravis/
15. “Style!!” Public Domain. Photo via Annie Briot
www.flickr.com/photos/157272674@N07/
16. “Antique surgical instruments” 2012 Photo: Thomas Quine
www.flickr.com/photos/quinet/ Taken at the Museum of Antiquities of Leipzig University.
17. “Lost” 2011 Photo: Shentele
<https://www.flickr.com/photos/69053784@N06>
18. Lake Pontchartrain Causeway, Louisiana 2009 Photo: Ken Lund
www.flickr.com/photos/kenlund/
19. “11:00 A. M. Monday, May 9th, 1910. Newsies at Skeeter’s Branch, Jefferson near Franklin. They were all smoking. Location: St. Louis, Missouri.” Public Domain. Photo: Hine/Library of Congress via pingnews. CALL NUMBER: LOT 7480, v. 2, no. 1384[P&P] LC-H51- 1384. Hine, Lewis Wickes, 1874-1940, photographer. In album: Street trades. Hine no. 1384. PART OF: Photographs from the records of the National Child Labor Committee (U.S.). REPOSITORY: Library of Congress Prints and Photographs Division Washington, D.C. (b&w digital file from original glass negative) nclc 05319 hdl.loc.gov/loc.pnp/nclc.05319 CONTROL #: ncl2004000482/PP
20. “Self-portrait - Got Juice?” 2014 Photo: MattysFlicks
www.flickr.com/photos/68397968@N07/
21. “VD Lips” 2006 Photo: Adam www.flickr.com/photos/azadam/
22. “Queen for a Day” 2012 Photo: Fort George G. Meade Public Affairs Office www.flickr.com/photos/ftmeade/
23. “House Move – 4” 2005 Photo: Rebecca Siegel
www.flickr.com/photos/grongar/
24. “Surgery Procedure” Image: www.opticiantraining.org
25. “Flat Shipping Rate” 2009 Photo: Bryan Ochalla
www.flickr.com/photos/bochalla/
26. “ bottle top” 2006 Photo: Steve www.flickr.com/photos/stvcr/
27. “an unmissable opportunity for the bottomless” 2005 Photo: Claire Rowland www.flickr.com/photos/clurr/
28. “Empire State Binoculars” 2011 Photo: Ivo Jansch
www.flickr.com/photos/ijansch/
29. “Hairy” Photo: Charles Lam 2007 www.flickr.com/photos/kclama/
30. “Health Care Costs” 2011 Image: 401(k) <http://401kcalculator.org>
31. Transgender Health Care Map 2019 Human Rights Campaign
<https://www.hrc.org/state-maps/transgender-healthcare>
32. “Private Club” 2008 Photo: Anthony Easton
www.flickr.com/photois/pinkmoose/
33. “Medicare Division” 2013 Image: Jared Rodriguez / Truthout.org downloaded on <https://www.flickr.com/photos/truthout/> Image paired with the story: Lisa and Me: Birthdays and Republican-Style Medicare <http://truth-out.org/opinion/item/11376-lisa-and-me-birthdays-and-republican-style-medicareCc>
34. Society of American Magician’s Membership Card of Bernard S. Bridge, 1926. Signed by Houdini. Photo: Rogers Cadenhead
www.flickr.com/photos/44221420@N00/
35. “Exposed” 2018 Image: henree4fun
www.flickr.com/photos/henree4fun/
36. “Thanks” 2006 Image: Judy O’Connell www.flickr.com/photos/heyjude/