

The Intersection of HIV, Aging, and Housing: Considerations for Health Centers

Featuring:
Aging with HIV
--Lisa Krinsky, LICSW--

HOPWA: an Overview
--Kate Briddell, MPA--

11/13/24

Our Roots

Fenway Health

- Independent 501(c)(3) FQHC
- Founded 1971
- Mission: To enhance the wellbeing of the LGBTQIA+ community as well as people in our neighborhoods and beyond through access to the highest quality health care, education, research, and advocacy
- Integrated primary care model, including HIV and transgender health services

The Fenway Institute

- Research, Education, Policy



The National LGBTQIA+ Health Education Center

- Training and Technical Assistance
- Grand Rounds
- Online Learning
 - CE and HEI Credit
- Environmental Influences On Child Health Outcomes (ECHO) Programs
- Publications and Resources



Learning Module



Publication



Toolkit



Video



Webinar



NATIONAL LGBTQIA+ HEALTH
EDUCATION CENTER

A PROGRAM OF THE FENWAY INSTITUTE

www.lgbtqiahealtheducation.org

Upcoming Webinar: Improving Depression Care for Older LGBTQIA+ Adults at Health Centers

Learning Objectives

After the webinar session, participants should be able to:

1. Understand culturally responsive care and social factors among LGBTQIA+ older adults
2. Explore resources and strategies to promote depression remission among LGBTQIA+ older adults
3. Discuss depression treatment options
4. Consider models of integrated behavioral health and primary care



Access Link:

https://bit.ly/TFI_NCECE13

ABOUT NCECE

Who We Are: Established in 2017, the National Center for Equitable Care for Elders (NCECE) is a training and technical assistance Center that provides innovative and culturally competent models of care, inter-professional training and educational resources to health care professionals providing care to the growing population of older adults.

Our Mission is to build strong, innovative and competent health care models by partnering with health centers & primary care associations to provide quality and inclusive care for older adults.

Stay Connected With NCECE:

- **Twitter:** twitter.com/NationalECE
- **Facebook:** www.facebook.com/NationalECE
- **LinkedIn:** linkedin.com/company/ncece
- **eLearning Library:** ece.hsdm.harvard.edu/modules
- **Website:** ece.hsdm.harvard.edu
- **Email:** ece@hsdm.harvard.edu



National Center for Health in Public Housing

- The National Center for Health in Public Housing (NCHPH) is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U30CS09734, a National Training and Technical Assistance Partner (NTTAP) for \$2,006,400 and is 100% financed by this grant.
- The mission of the National Center for Health in Public Housing (NCHPH) is to strengthen the capacity of federally funded Public Housing Primary Care (PHPC) health centers and other health center grantees by providing training and a range of technical assistance.



Technical Questions?

- Please call Zoom Technical Support: 1.888.799.9666 ext 2
- You can contact the webinar host using the chat function in Zoom. Click the “Chat” icon and type your question.
- Alternatively, e-mail us at education@fenwayhealth.org for less urgent questions.

Sound Issues?

- Ensure your computer speakers are not muted
- If you cannot hear through your computer speakers, navigate to the bottom toolbar on your screen, go to the far left, and click the arrow next to the phone icon
- Choose “I will call in”
- Dial the phone number and access code

CME/CEU Information

Physicians	AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 Credit™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.
Nurse Practitioners, Physician Assistants, Nurses, Medical Assistants	AAFP Prescribed credit is accepted by the following organizations. Please contact them directly about how participants should report the credit they earned. <ul style="list-style-type: none">•American Academy of Physician Assistants (AAPA)•National Commission on Certification of Physician Assistants (NCCPA)•American Nurses Credentialing Center (ANCC)•American Association of Nurse Practitioners (AANP)•American Academy of Nurse Practitioners Certification Program (AANPCP)•American Association of Medical Assistants (AAMA)
Other Health Professionals	Confirm equivalency of credits with relevant licensing body.

The Intersection of HIV, Aging and Housing: Considerations for Health Centers

Because everybody deserves to age with dignity and respect

*Lisa Krinsky, MSW, LICSW
Director*



L G B T Q I A +
A G I N G P R O J E C T

A PROGRAM OF THE FENWAY INSTITUTE

Our Mission

LGBTQIA+ Aging Project works toward equity, inclusion and community for lesbian, gay, bisexual, transgender, queer, questioning, intersex and asexual older adults, ensuring that they can age with the dignity and respect they deserve.

HIV and Aging

- What is considered “old” in HIV community?
- Long Term Survivors
 - living with HIV for 10-40 years
 - Pioneers of HIV care and treatment; now aging
- Newly Diagnosed
- Disproportionally LGBTQ/MSM & People of Color

What's So Different?

Aging Issues

Healthcare

Housing

Medication Costs

Social Network: Family,
Friends

Income

Retirement /Work

Social / Recreational
Activities

HIV+ Aging Issues

Healthcare

Housing

Medication Costs

Social Network: Family,
Friends

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Social / Recreational
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HIV and Aging: Current Data

What percentage of all people in the U.S. living with HIV & AIDS are age 50 and older?

54% of all people in the U.S. living with HIV & AIDS are age 50 and older

What percentage of all new HIV infections in the U.S. are in people age 50 and older?

16% percent of all new HIV infections in the U.S. are in people aged 50 and older

CDC. [HIV Surveillance Report: Diagnoses, Deaths, and Prevalence of HIV in the United States and 6 Territories and Freely Associated States, 2022](#)

HIV Surveillance Report 2024;24.

HIV/AIDS and Aging

- ✦ Long Term Survivors: 10 years or more HIV+
- ✦ Stigma and Minority Stress
 - ✦ Sexual orientation/gender identity
 - ✦ Race/ethnicity
 - ✦ Mode of transmission
 - ✦ Ageism
- ✦ Trauma: impact of losses 1980-90s persist
- ✦ HIV supports of early era now gone
 - ✦ 70% live alone
 - ✦ increased poverty (early disability)
 - ✦ IMPACT OF COVID -19

HIV and Treatment Impact on Health:

- “Advanced Aging”
- HIV associated, non AIDS conditions
 - Cardiovascular disease
 - Diabetes
 - Renal disease
 - Cancer
- HIV Associated Neurocognitive Disorder (HAND)
 - Cognitive
 - Motor
 - Mood

hiv.gov 2024

HIV/AIDS and Aging

New Infections/New Diagnoses in Older Adults

16% of all new infections 2022

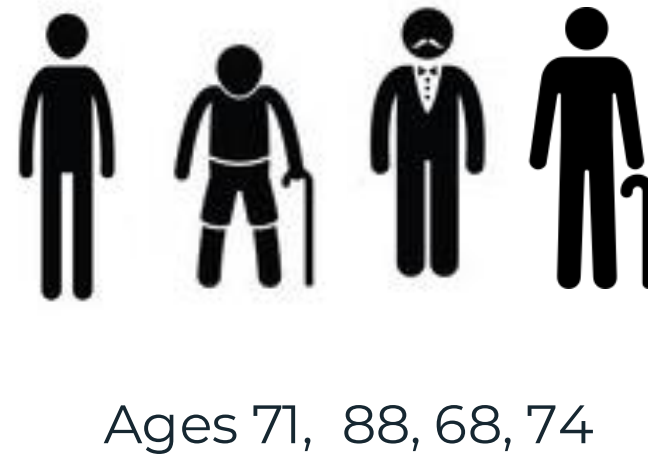
- ✦ “low risk” population
- ✦ desexualize older adults
- ✦ symptoms ascribed to “typical aging”
- ✦ 33% of those age 55+ diagnosed with late-stage disease
- ✦ more rapid progression to AIDS and shorter survival

CDC. [Monitoring Selected National HIV Prevention and Care Objectives by Using HIV Surveillance Data, United States and 6 Territories and Freely Associated States, 2022](#). *HIV Surveillance Supplemental Report 2024;29(2)*.

Vertical Caregiving



Horizontal Caregiving



Housing as Social Determinant of Health



CDC.gov

Resilience



able to return to an original shape after being pulled, stretched, bent or pushed

Merriam Webster Learners Dictionary



HOPWA: an Overview

Presented by Kate Briddell, MPA
November 13, 2024



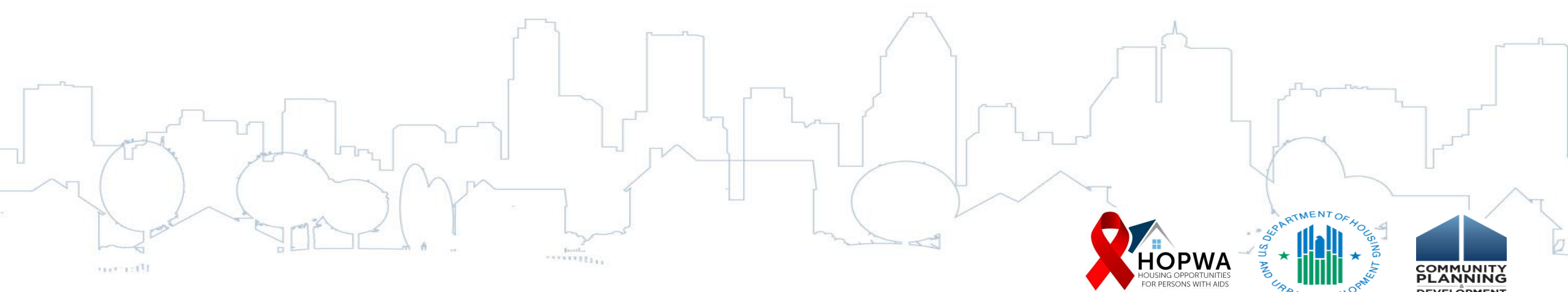
Why housing?

- Housing status is a social determinant of health that has a significant impact on HIV prevention and care outcomes.
- Homelessness and housing instability are linked to higher viral loads and failure to attain or sustain viral suppression.
- Homelessness and housing instability are also associated with increased vulnerability for HIV acquisition.
- Stable housing provides a foundation from which people can participate in HIV care services and is associated with positive health outcomes.

Source: Aidala, A. A., Wilson, M. G., Shubert, V., Gogolishvili, D., Globerman, J., Rueda, S., Bozack, A. K., Caban, M., & Rourke, S. B. (2016). Housing Status, Medical Care, and Health Outcomes Among People Living With HIV/AIDS: A Systematic Review. *American journal of public health*, 106(1), e1–e23. <https://doi.org/10.2195/AIPH.2015.302905>



The HOPWA Program



HOPWA Overview

- The Housing Opportunities for Persons With AIDS (HOPWA) program was established in 1992 by the AIDS Housing Opportunity Act.
- HOPWA remains the only Federal program dedicated to addressing the housing needs of people with HIV.
- Under HOPWA, the Department of Housing and Urban Development (HUD) makes grants to eligible cities, states, and nonprofit organizations to provide housing assistance and supportive services to low-income people with HIV and their families.
- By providing housing assistance and supportive services, the HOPWA program helps people with HIV enter and remain in housing, access and maintain medical care, and adhere to HIV treatment.



HOPWA Eligible Activities

Tenant Based Rental Assistance (TBRA)

Supportive Services

Short Term Rent, Mortgage, & Utility Assistance (STRMU)

Leasing & Master Leasing

Permanent Housing Placement

Operating Costs for Facilities

Housing Information

Acquisition

New Construction (SRO & Community Residence only)

Rehab/Conversion /Repair

Resource Identification

Short-Term Supported Housing

HOPWA Client Eligibility

There are two basic elements of HOPWA client eligibility:

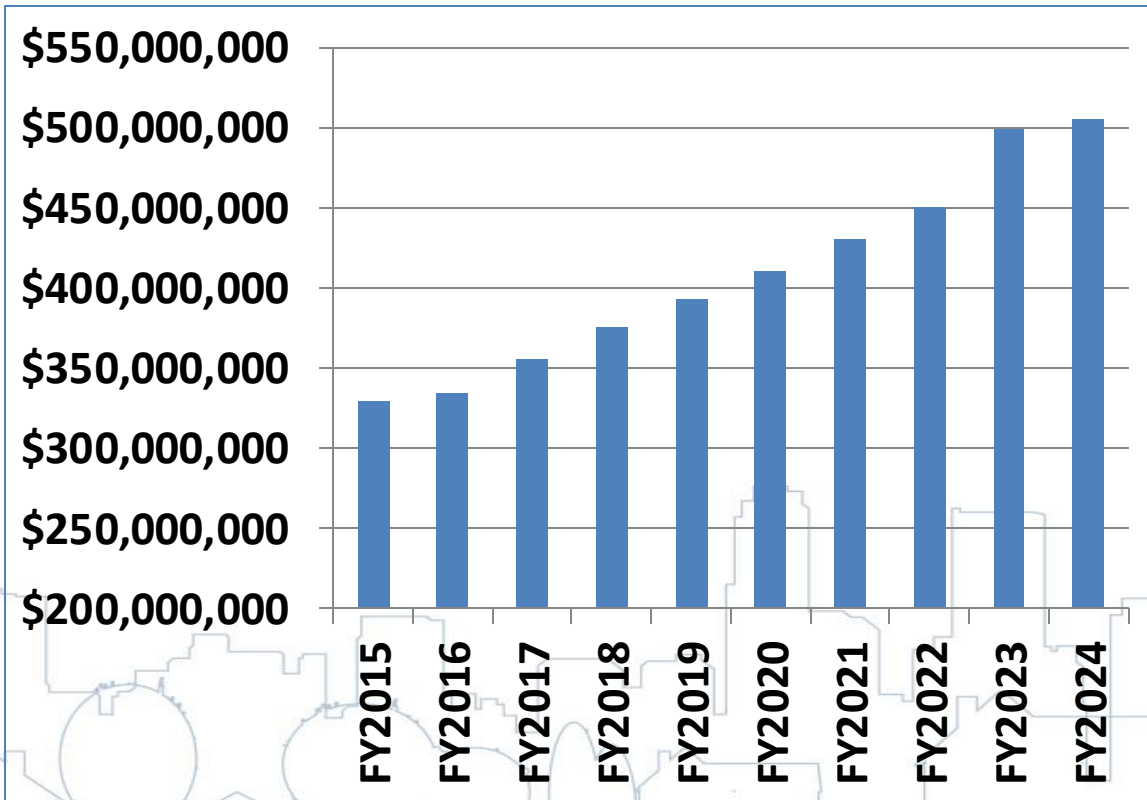
1. Household has a least one person who is living with HIV. This includes households where the only eligible person is a minor; and
2. Total household income is at or below 80% of the Area Median Income (low-income as defined by HUD).

Grantees can further restrict eligibility based on local needs and accepted by HUD through the consolidated planning process or competitive application.

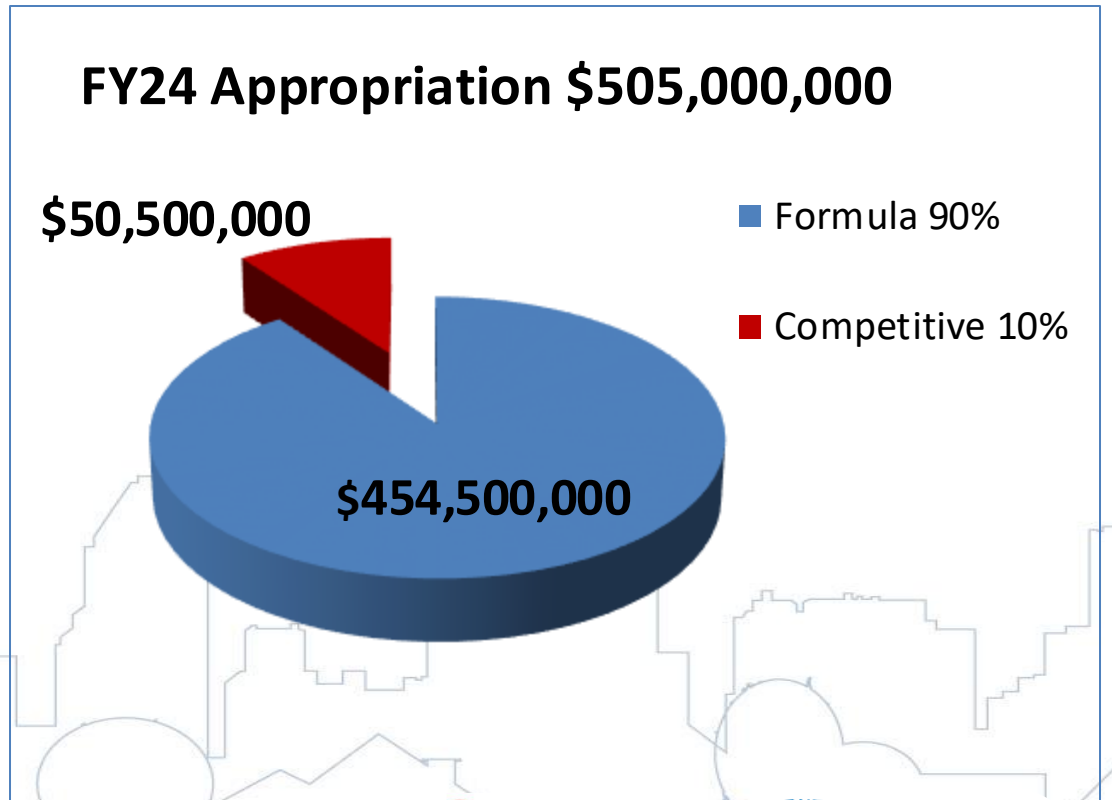


HOPWA Resources and Structure

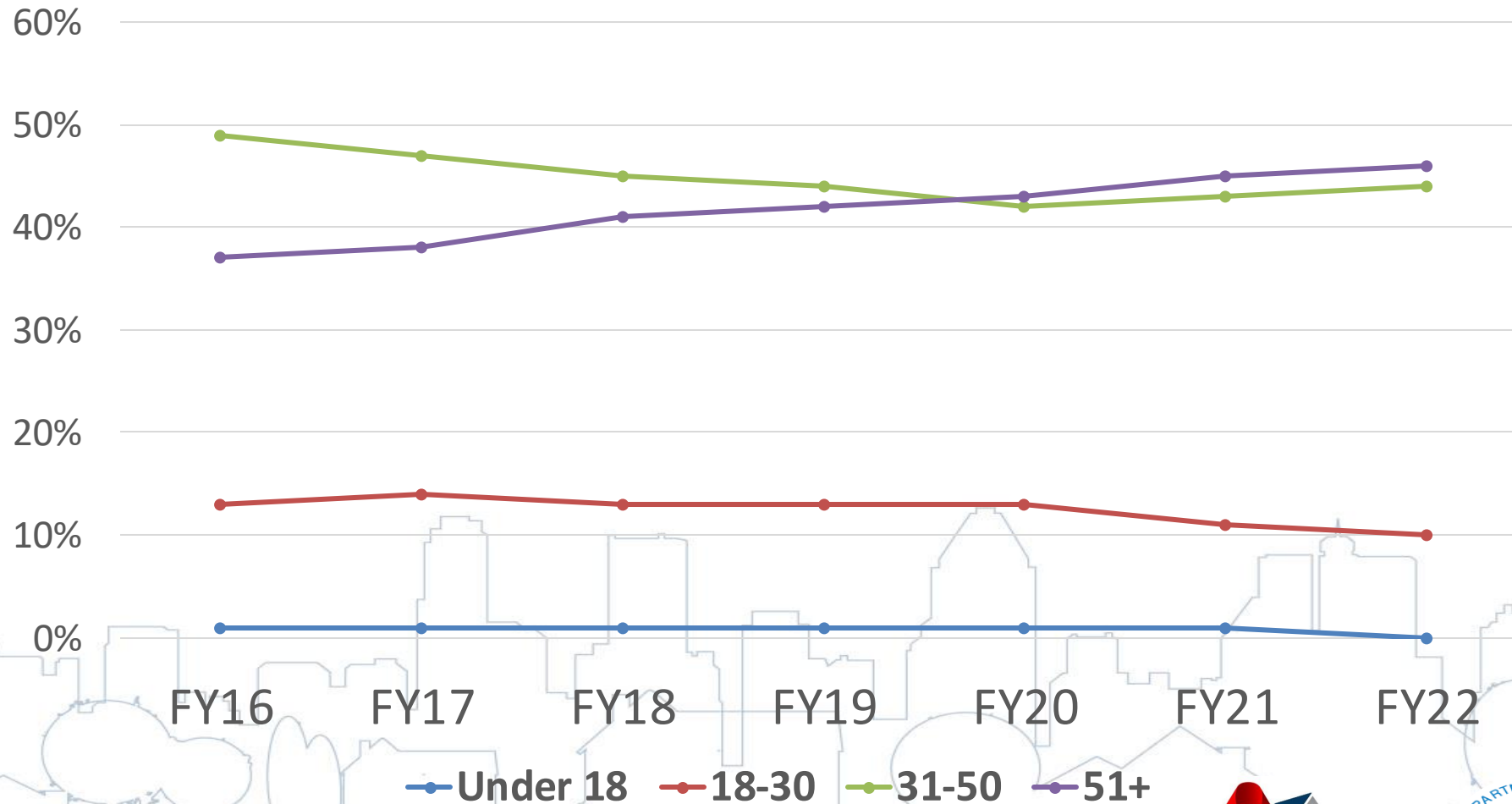
Resources



Structure



Ages of HOPWA Participants over Time



Evolution of HOPWA over Time

HOPWA's purpose in the beginning

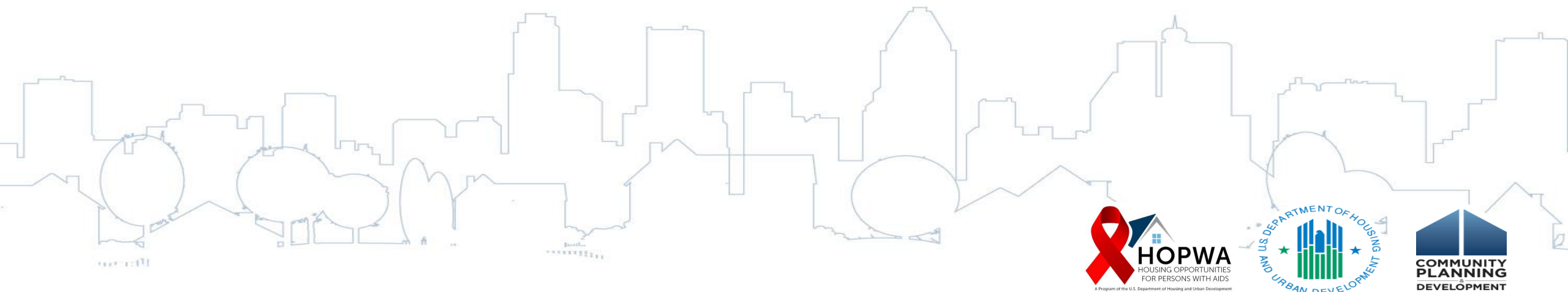
- Provide a place of dignity for people to die.

HOPWA's purpose today

- Housing as a structural intervention to end the HIV epidemic.



Reset, Renew, Recharge (3R)



Reset, Renew, Recharge (3R)

What is 3R?

- Overarching strategy to move the program forward in new ways.
- Blueprint for program design and core values.
- Support for communities to achieve program excellence and impact.
- Ensure programs are designed to meet the changing needs of the modern HIV epidemic.
- Promote equity for all people living with HIV.
- Encourage consistent use of client-centered, low-barrier approaches.



Reset, Renew, Recharge (3R)

Reset	Reset program goals taking into account HOPWA Modernization plans and budget projections, and lessons learned through HOPWA Mod and HOPWA/COVID-19 responses.
Renew	Renew program focus to successfully implement HOPWA housing activities that meet the documented needs of PWH and incorporate racial and health equity at all levels of program planning and operation.
Recharge	Recharge program efforts to increase program capacity and impact, including training and use of best practices to ensure housing stability and positive outcomes, and active engagement with new and existing community partners.

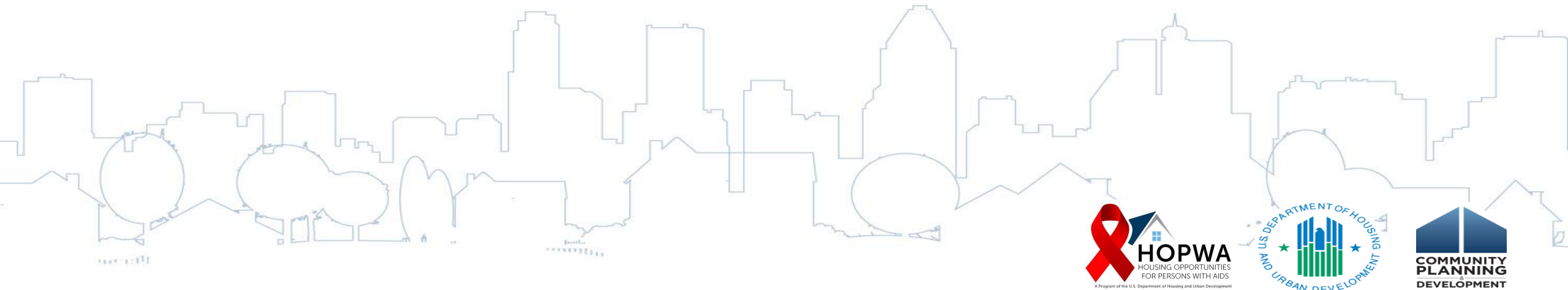
3R Vision and Outcomes

VISION: HOPWA communities (Grantees and Project Sponsors) will embrace an expanded vision for the HOPWA Program, understand and implement the regulations and the Program, design it to meet the needs in the community, deliver it in an equitable fashion, and be able to tell the story.

OUTCOMES: HOPWA communities will intentionally integrate people with lived experience in all aspects of the work; will embrace an expanded vision for the HOPWA program that shows understanding of the intents of the program; will collaboratively design and implement HOPWA programs that follow the regulations and understand the flexibilities while providing permanent housing and services in an equitable fashion and will be able to accurately report on their efforts.



Best Practices



Client-Centered & Low Barrier Practices

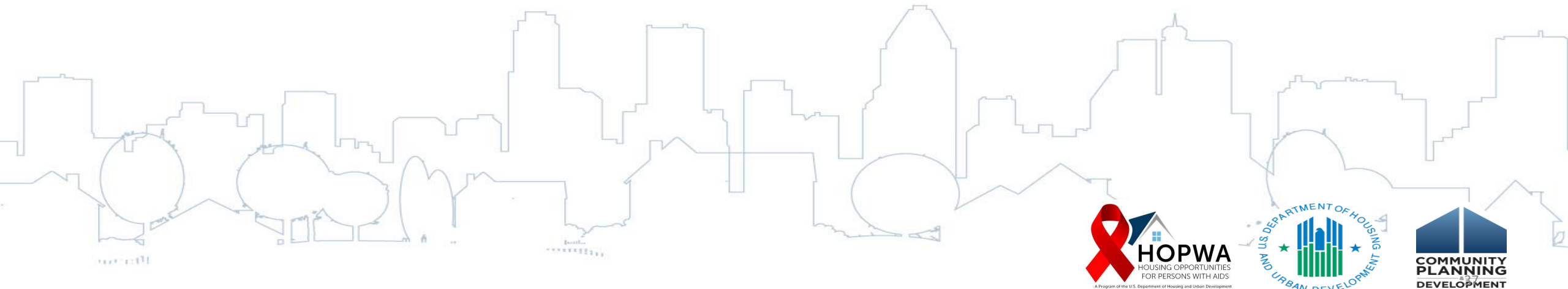
- Use of Housing First, Harm Reduction methods and other low-barrier models for housing and supportive services.
- Provide trauma-informed care.
- Active client engagement and empowerment.
- Termination only as a last resort.
- Ensure racial and LGBTQ+ equity and utilize a multicultural approach.
- Include people with lived experience in program planning and design and to provide system feedback.
- Ensure that case managers receive training on these methods.



Client-Centered & Low Barrier Practices

HOPWA Program Design should support the ability to tailor services unique to the needs identified by HOPWA eligible individuals/families, such as:

- Continuous assessment and increased client contact to ensure housing stability.
- Strategic use of remote methods.
- Sustainable urgency – provide quick and responsive services.



Client-Centered & Low Barrier Practices

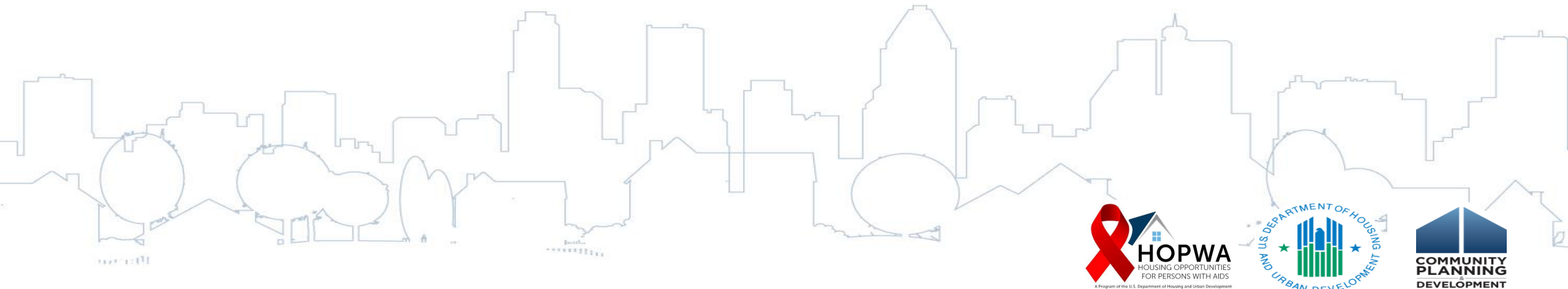
Outreach and Communication should include practices that tailor services to the needs of individual clients or households, such as:

- Reviewing and updating current outreach to ensure your organization is reaching HOPWA-eligible households throughout its EMSA/service area.
- Working with partners to expand presence – both rural and urban.
- Consult HIV data to ensure outreach is conducted to all relevant sub-populations and culturally appropriate resources are available.



HOPWA & Aging

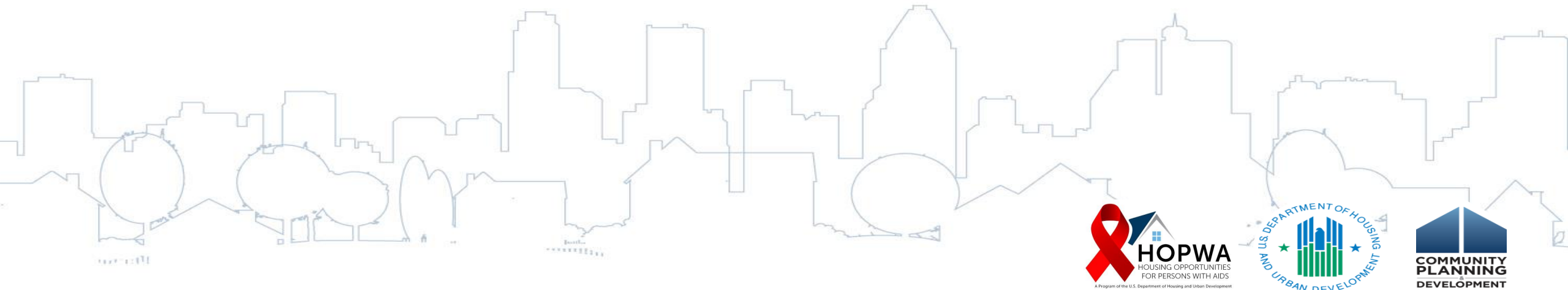
- Talk to clients about their needs.
- Be sure to provide programming that helps to address social isolation and loneliness (among all clients, but especially the older ones).
- Learn about and connect with resources that are available for older people in your communities.
- Work with partners to develop programs that address gaps in resources.



HOPWA & Aging

Webinar	Description	Date and Time
<u>Accessing Community Resources for People Aging with HIV</u>	The first webinar in the series provided information about community resources available and/or targeted to aging people with HIV.	April 3, 2023 1:00 – 2:30 PM EDT
<u>Combating Social Isolation and Loneliness</u>	The second webinar in the series focused on effective strategies and supports to prevent and address feelings of social isolation and loneliness among people aging with HIV.	May 1, 2023 1:00 – 2:30 PM EDT
<u>Reasonable Accommodations and Modifications</u>	The third webinar in the series provided information on the types of accommodations that can be requested as well as highlight resources for home modifications.	June 5, 2023 1:00 – 2:30 PM EDT
<u>Using Facility-Based Housing to Address Needs</u>	The fourth webinar in the series is focused on utilizing facility-based housing to address needs of people aging with HIV and will highlight ways HOPWA Grantees and project sponsors can increase facility-based housing options both through development and partnerships.	July 24, 2023 1:00 – 2:30 PM EDT
<u>At the Intersection of HIV, Aging and Housing: Exploring the Data and Engaging in Discussions</u>	The fifth webinar in the series highlighted the evolving needs of the aging community, emphasized the criticality of the "Health and Housing" nexus, and showcased ways to address these intersectional challenges optimally.	September 18, 2023 12:00 – 1:30 PM EDT

Effective Partnerships



Why is Collaboration Important?

- Need is greater than available resources
- Coordination across funding streams:
 - Leads to more efficient use of funds and prevents duplication of services.
 - Results in improved quality of services and streamlined service delivery.
 - Draws upon expertise of various providers (with varying purposes and histories).
 - Allows for a comprehensive approach to HIV/AIDS care and services.

HOPWA and Ryan White Collaboration

Models of HOPWA and Ryan White Collaboration:

- Joint training of RW and HOPWA Case Managers;
- Dedicating staff or re-organizing staff efforts to coordinate housing and health care services for clients (e.g., care coordinators, coordinated case management, or enhanced peer navigation services);
- Streamlining intake and assessment forms to accurately identify unmet needs of clients seeking housing and HIV care services;
- Using integrated data to inform staff efforts to quickly identify and conduct targeted outreach with clients needing additional services or support; and
- Working across programs to find clients that are no longer engaged in care.

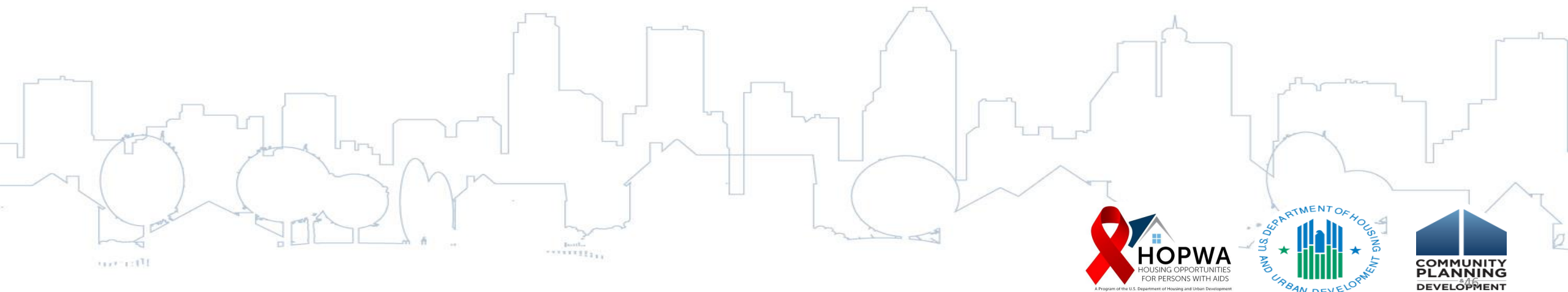


Importance of Collaboration

- Establish strong community partnerships
- Increase understanding of a community's resources and programs
- Break down silos across programs
- Meaningful planning at the community level to create a continuum of services and housing options for all populations / subpopulations
- **Benefit for Community**



HOPWA Resources





HOPWA on HUD.gov

[Home](#) / [Program Offices](#) / [Community Planning and Development](#) / [HOPWA](#)

HOUSING OPPORTUNITIES FOR PERSONS WITH AIDS PROGRAM

2024 HOPWA Institute

- [2024 HOPWA Institute Page](#)

Special Edition – HOPWA Pride

- [HOPWA Pride Logo](#)

Overview

Stable housing allows persons living with HIV/AIDS to access comprehensive healthcare and adhere to HIV treatment. The Office of HIV/AIDS Housing manages the Housing Opportunities for Persons With AIDS (HOPWA) program. HOPWA is the only Federal program dedicated to addressing the housing needs of low-income people living with HIV/AIDS and their families. Grantees partner with nonprofit organizations and housing agencies to provide housing and support to these beneficiaries.

I Want To Review

- [FAQs](#)
- [Program Laws and Regulations](#)
- [Notices](#)
- [Staff Contacts](#)
- [HOPWA Grantee Contacts](#)
- [Listserv Messages](#)
 - [Sign up for HUD HOPWA Listserv](#)

Resources

- [HOPWA Program Resources](#)
 - [Eligibility Requirements](#)
 - [Formula Program](#)
 - [Guides, Tools, and Webinars](#)
 - [News & Announcements](#)
 - [Performance Management and Monitoring](#)
 - [Program Support](#)

Spotlight Topics

- [HOPWA 30th Anniversary Page](#)
- [FY23 HOPWA HINT NOFO \(Applications due January 31, 2024\)](#)

Content current as of May 30, 2024.

Related Websites

- [ADA.gov/AIDS](#)
- [HHS CDC HIV/AIDS Prevention](#)
- [HHS HRSA HIV/AIDS Bureau](#)
- [HIV.gov](#)

https://www.hud.gov/program_offices/comm_planning/hopwa





HUD Exchange

Housing Opportunities for Persons With AIDS

The Housing Opportunities for Persons With AIDS (HOPWA) Program is the only Federal program dedicated to the housing needs of people living with HIV/AIDS. Under the HOPWA Program, HUD makes grants to local communities, States, and nonprofit organizations for projects that benefit low-income persons living with HIV/AIDS and their families.

- HOPWA Eligibility Requirements
- HOPWA Performance Management and Monitoring
- HOPWA National Technical Assistance
- HOPWA Law, Regulations, and Federal Register Notices
- HOPWA CPD Notices
- HOPWA In Focus Messages

HOPWA Guidance for COVID-19

This page collects the latest COVID-19 guidance and resources for the HOPWA Program.

VAWA/HOPWA Demonstration Initiative

This page provides resources related to the VAWA/HOPWA Demonstration Initiative, which provides housing assistance and supportive services to low-income persons living with HIV/AIDS who were homeless or in need of housing assistance due to Intimate Partner Violence (IPV).

HOPWA Formula Modernization

The HOPWA program changed to better reflect current HIV epidemic trends with the passing and signing of the Housing Opportunity Through Modernization Act (HOTMA), Public Law 114-201, in July 2016. HOTMA included provisions to modernize the HOPWA formula along with provisions related to other HUD programs.

The 2017 HOPWA Institute

In 2017, the Office of HIV/AIDS Housing hosted a training institute for Housing Opportunities for Persons With AIDS (HOPWA) funded grantees and project sponsors to ensure that all local HOPWA programs had the same thorough understanding of the HOPWA program.

[View Videos of Key Sessions](#)

Follow @HUD_HOPWA

Join the HUD Exchange Mailing List

- Stay up to date on the latest technical assistance resources and training opportunities.

Join the HUD.gov Mailing List

- Get the latest news from HUD on Notices, funding, memos, and other official HUD guidance.

Contact a HOPWA Grantee or Program

Contact HOPWA National TA Providers and HUD HQ Desk Officers

View HOPWA FAQs

Ask a HOPWA Question

New Release

The HOPWA Income and Rent Calculation Curriculum is now available on the HUD Exchange. This new self-paced training module is an interactive and engaging course designed using the 24 CFR 574 regulations as a foundation for how HOPWA resident rents are calculated.

[Access the Training](#)

Reporting Systems

IDIS Integrated Disbursement and Information System

eCon Planning Suite (Consolidated Plan)

Grant Based Accounting Requirements

HOPWA Reports, Program

HOPWA Guides, Tools, and Webinars

Guides, tools, webinars, and other resources are provided to assist grantees and program partners in designing and implementing their programs.

New Consolidated APR/CAPER

This page provides all resources related to the new Consolidated APR/CAPER Excel forms and reporting process.

Homecoming: Life After Incarceration

This multimedia project is designed to highlight the challenges and struggles people experience as they try to re-enter society.

HOPWA News & Announcements

Office Hours: COVID-19 Planning and Response for Homeless Assistance Providers - Fridays at 2:00 PM EDT
Date Posted: September 05, 2023

Register Now: HIV and Aging Webinar Series
Date Posted: September 05, 2023

HUD at USCHA: September 6-9, 2023
Date Posted: August 30, 2023

Register Today: HOPWA Regulations for Termination of Assistance Webinar - September 13, 2023 - 2:00 PM EDT
Date Posted: August 15, 2023

Availability of Waivers of Community Planning and Development Grant Program and Consolidated Plan Requirements to Facilitate Recovery from Vermont Severe Storms and Flooding
Date Posted: August 10, 2023

Community Engagement Toolkit Now Available
Date Posted: August 09, 2023

[View All HOPWA News & Announcements](#)

HOPWA Reports, Program Data, and Program Limits

HOPWA Performance Profiles

Consolidated Plan, Action Plan, and CAPER

HOPWA Funding Allocations

Income Limits

Fair Market Rents

[View Additional Reports, Data, and Limits](#)

HOPWA Forms Updated Under OMB Control Number 2506-0133

HUD-40110-B, HOPWA Competitive Application & Renewal of Permanent Supportive Housing Project Budget Summary

HUD-40110-C, HOPWA APR

HUD-40110-D, HOPWA CAPER

Featured Topics

[How to Meet Housing Counselor Certification Final Rule Requirements for the HOPWA Program](#)

[HOPWA Oversight Training Online Modules](#)

[HUD and DOL Getting to Work Training Curriculum](#)

[HUD HOPWA Financial Management Online Training](#)

[Other HIV/AIDS Resources, including Non-Discrimination Resources](#)

<https://www.hudexchange.info/programs/hopwa/>



HOPWA Listservs

Subscribe to the **HUD.gov** listserv for information developed by HUD/Office of HIV/AIDS Housing.



Subscribe to the **HUD Exchange** listserv for information and guidance produced by HUD technical assistance providers regarding the HOPWA program.



Action Steps for Health Centers

- HIV/STI/IDU prevention and screening with older adults
 - CDC guidelines: HIV testing 13-64 yrs
65+ ***if at risk –ask questions!***
- Trauma informed care with HIV + older adults
- Culturally responsive referrals – not just LGBTQ community services

Q & A

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Kate Briddell, MPA
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. *Because everybody deserves to age with dignity and respect*

THANK YOU!

The National LGBTQIA+ Health Education Center provides educational programs, resources, and consultation to health care organizations with the goal of optimizing quality, cost-effective health care for lesbian, gay, bisexual, transgender, queer, intersex, asexual, and all sexual and gender minority (LGBTQIA+) people.

The Education Center is part of The Fenway Institute, the research, training, and health policy division of Fenway Health, a Federally Qualified Health Center, and one of the world's largest LGBTQIA+ focused health centers.

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🖱 www.lgbtqiahealtheducation.org

📖 www.acponline.org/fenway

